



Aromatherapy - Meditation - Reiki - Quantum Touch - USANA Nutritional Supplements - Gano Healthy Coffee - Well-Being Workshops

## 2009 Price List

### Aromatherapy

A gentle holistic treatment incorporating acupressure points and lymphatic drainage that integrates the life force energy of plants (essential oils), intentional therapeutic touch (therapist) and your own body's intelligence to create a synergistic healing of mind, body and spirit in a safe, nurturing space!

**Benefits:** Relieves stress & tension, relieves muscular aches & pain, improves circulation, removes toxins, releases endorphins, increases relaxation, increases physical, mental and emotional balance, stimulates the body's own innate healing abilities.

<b>Aroma Facial Massage</b>	35 mins	40.00
<b>Aroma Head, Neck &amp; Shoulders</b>	35 mins	40.00
<b>Aroma Feet Massage</b>	35 mins	40.00
<b>Nurture Yourself</b>	60 mins	70.00
<i>(Allow your body to unwind, relax and be refreshed by the beautiful aromas &amp; healing qualities of your own personalised blend of essential oils)</i>		
<b>Spoil Yourself</b>	90 mins	90.00
<i>(Give yourself the ultimate aromatherapy treatment including a rejuvenating, totally relaxing aroma facial with your own personalised blend of essential oils)</i>		
<b>Swedish Massage</b>	60 mins	65.00
<i>(Soft tissue manipulation - improved circulation and overall well-being - leaves you relaxed &amp; renewed)</i>		
<b>Reiki / Quantum Touch</b>	30 mins	30.00
	60 mins	60.00
<b>Quality Therapeutic Grade Essential Oils</b>		<i>Please enquire</i>
<b>Essential Oil First Aid Kit for home, school, office</b>		99.00
<i>(Lavender, Ginger, R Chamomile, Tea Tree, Eucalyptus, Peppermint).</i>		



**USPA Skin Care, Body Care, Hair Care Products** All natural

**Gano Healthy Tea & Coffee with Ganoderma Lucidum** ([www.ganoexcel2u.com](http://www.ganoexcel2u.com))

**Handmade Candles - Melts / Votives / Jars**



**Other services available:** Meditation (personal / group), Well-Being Workshops

**Soul Eternity . . . a time, a place, a space to BE!**

[www.souleternity.com.au](http://www.souleternity.com.au)

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